

## **Entry Form**

Venue Da Gama Dam	Town	Between White River &	Hazy View	Date 21-Oct-12	Time 07.30
Surname ID No Prov	-	Post Code		icence R 40  Age on 31st Dec	Race No F F I C I Cat Code
Emergency Contact Pers	son > >			& Tel [ ]	
Your Med Aid Provider > >			& Member	No:	
Please CIRCLE your event & category code below					
Standard: 1500m + 30km + 1           R         150         Start: 0           Category         Ages         Female           Sen Open         20 +         OWT           Sub Vet         35 - 44         SXT           Veteran         45 +         VWT           Open TEAM         OTT	Okm 7.30  Male  OMT  SVT  VMT	Sprint: 750m +  R 100  Category Ages  Junior 16 - 19  Sen Open 20 +  Sub Vet 35 - 44  Veteran 45 +	Start: 07.30 Female Male JWS JMS OWS OMS SXS SVS	Mini: 300m + 8 R 70  Category Ages  Sub Junior 13 - 15  Junior 16 - 19  Sen Open 20 +  Sub Vet 35 - 44	Skm + 2,5km  Start: 07.30  Female Male  JG JB  JW JM  SWM SMM
Open IEAM OTT	This Er	Open TEAM	OTS	Veteran 45 +  Open TEAM	VWM VMM
This is a community event - please ensure you have your own insurance					
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Please Note: As from 19th Oct 2012, a late line entry fee of R 30-00 will apply timing & results by লোকে নামাৰ					
I, the undersigned, acknowledge and agree that participation in the above event is/could be dangerous and could result in physical injury and or damage to property; that participation is at my sole and absolute risk; that I hereby waive and abandon any and or all claim of whatever nature that may arise from such participation against the organiser and/or any members, agents, representatives or sponsors acting on their behalf or otherwise, whether such claims arise from the default, negligence or any other act or omission on the part of the aforesaid person/s. TSA rules will apply. Wetsuits will be allowed if water temperature below 21°C. Swimcaps, cycling helmets and running shoes are compulsory.					
Signed: Participant		Signed: Guard	d: Guardian [if under 18] Date		
Pre-Entries Online www.entrytime.co.za Faxed 086 - 670 8958 Email great-time@iafrica.com	<u>rtime.co.za</u> <b>Tel</b> 084 - 491 2708 <b>Email</b> <u>relax@numbela.co.za</u>		Payments Name: Tri Pumas Bank: CAPITEC Code: 470-010		mounts Payable y Fees ry Fee
Registration: 06.00 to 07.00	AACD AAA	vvv.HuHDGIa.CU.Za	Acc No: 1 215 885	146	
at race venue on 21-Oct-12			Email proof to relax @		al R -